

ENG201 SOLVED

Describe the techniques you can use to feel more confident in front of an audience. To overcome anxiety and feel more confident as a speaker, prepare more material than necessary so that the extra knowledge will reduce your nervousness. Rehearse your oral presentation to become as familiar as possible with your topic. Think positively and see yourself as a polished professional. Right before speaking, visualize your success and tell yourself you're ready. Take a few deep breaths and remember that your audience actually wants you to succeed. Be ready by memorizing your first sentence. Be comfortable by sipping some water. If you feel you're losing your audience members, don't panic; instead, pull them back by asking for their opinions or questions and involving them in the action. Keep going no matter what, because you'll likely get better as you go.

Don't copy past